

MONTHLY BOARD MEETING MINUTES

June 23, 2014

Mental Health Board

Members in Attendance

Behrens, Sharon
Cleveland, Cheryl
O'Meara, Janet
Thickens, Theresa
Wesp, Daniel

Absent Members

Dickinson, Will
Holmes, Jim
Ling, Louis
Williams, Jessica

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Bond, Yvonne
Brown, Jeff
Coppie, Katrina
Ellis, Amy
Jarvis, Debra
Jones, Janna
Oldham, Rob
Osborne, Marie
Roberts, Diane
Taylor, Will
Wheeler, Rick

Welcome and Introductions

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Not Read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker: Jeff Brown, Director, and Dr. Rob Oldham, Health Officer, Health and Human Services (HHS)

Presenting on Laura's Law (Assisted Outpatient Treatment) in Placer County

- Jeff Brown reported on meeting with each of the Board of Supervisors when he became the Director of HHS to find out what their priorities were for HHS. Two of the Supervisors wanted to explore potential implementation of Laura's Law.
- Attended the Adult Services Committee to discuss Laura's Law and organized a visit to Nevada County (June 13, 2014).
- The visit included a presentation and dialogue with the judge in charge of the court, working with Laura's Law – also known as Assisted Outpatient Treatment (AOT), as well as their County Counsel, Public Defenders and treatment people.
- Attendees included: 19 people from Placer County (included judges, County Counsel, Board of Supervisors, Public Defenders and County staff), staff from Orange County, and Santa Barbara County.
- The feedback from those who attended the presentation was generally positive; many of the people are interested in the AOT program but nothing official at this time.

- Mr. Brown solicited feedback from those who attended the Nevada County visit and entertained a discussion on how to move forward. He also noted many elements of the legal process of AOT resemble that of Mental Health Court (civil not criminal court) – it's a treatment court.
- It's a very small program for a very small number of people, but it can be amazingly effective with a small number of people; it fits within our continuum of care but doesn't solve all of the issues and cannot stand on its own.
- Dr. Oldham advised that Nevada County has materials they will allow us to "Placerize" and distribute.
- Maureen Bauman noted that the law requires that we don't decrease existing services we have in place; the outreach and engagement services we have ramped up will continue.
- The two tools AOT provides is: 1) ability to order a person into out-client, and 2) ability to have someone assessed before they meet the 5150 criteria.
- Taking to the BOS in August for further discussion on whether Placer County moves forward; Mr. Brown hopes the MHADB supports the program. He requests that members of this Board take an opportunity to discuss further, and place it on the agenda for potential action at the July MHADB retreat.
- Placer would implement the law based on how it sees the law written; the law is fairly prescriptive.
 - Ms. Bauman will send Board members the memo (previously distributed), outlining what the law does/ doesn't do, as well as the PowerPoint from Nevada County.
 - Mr. Brown will share information following the meeting with the judges and any other input received.

Secretary/Treasurer's Report

Approval of the May 19, 2014 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2013-14. Expenditures for the month of May includes: \$74.03 - food purchased and \$3.21 – Frame for certificate. End balance of \$601.66 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - The committee met with Amy Ellis who reported on AB 109 and the consultant's report (not available for review at this time). Continued dialogue on how the different partners in the criminal justice community could work together.
 - Discussed the Affordable Care Act and how it works when an uninsured person comes into the county requesting services.
 - Individuals with a Medi-Cal card qualify for limited outpatient services and will be able to have residential treatment and other sorts of services.
 - There is a roadblock with the state and who they have certified as providers.
 - Ms. Bauman noted for residential, there is a law, relevant for the Mental Health side as well called the IMD Exclusion; she provided further explanation of the issues and that the state is working on solutions.
 - Continue to work on bringing the Anonymous People film to Placer, with a current plan to show it at Sierra College.
 - Katrina Copple shared that she has a contact at Sierra College and will check in with her for next steps.
 - Need members to help move the process forward.
 - Mr. Wesp will check to see if the film can be purchased (\$19.99).
 - Place on July meeting agenda as action item.
- ❖ Quality Improvement – Theresa Thickens and Sharon Behrens reported on behalf of Jessica Williams
 - Department of Health Care Services (DHCS) is looking for the County to provide an update and evidence of implementation of the Plan of Correction submitted in 2012 involving test calls. Ms. Thickens noted we need to conduct more test calls; staff will be used to assist in the process. DHCS conducting statewide test calls as a plan of their own correction from the Feds.
 - Ms. Behrens is asking the MHADB to complete the baseline number of required test calls; ASOC staff will fill in the gaps.
 - Helpful to have a timeline and commitment in place to complete the eight calls (per fiscal year).
 - Marie Osborne will provide Janna Jones with the script for electronic distribution to members. There is a calendar on the back of script highlighting the schedule for the systems of care to ensure test calls all made during all the shifts.
- ❖ Children's Committee – Sharon Behrens
 - The task force continues to move forward in the process of adding two beds within the Crisis Resolution Center.
 - Participated in a Child Abuse Prevention Council round table that looked at where the unmet needs related to child abuse within the county and identifying target areas of interest. Discussed use of universal screening tool that would be a risk assessment for child abuse. Plan to meet again in September.

- Dr. Lisa Conradi will be here to conduct training – Creating Trauma Informed Communities. Date not confirmed but looking at September or October.
 - Reported on her meeting with two promotores from the Latino Leadership Council, learning about their program and services and to discuss the needs and stressors of the Hispanic population. Ms. Behrens distributed handouts received from the Council. Continuing to seek a Hispanic individual to sit on the MHADB.
 - The Lincoln Community Resource Collaborative has passed out 10,000 green resource cards. Cards were distributed to the Board members. Lincoln community is being used as the trial run to track the distribution and to identify the most effective mode of distribution. Working on the Spanish version.
- ❖ Adult Services Committee – Janet O'Meara
- Committee met with Jeff Brown, Dr. Oldham and Maureen Bauman to address concerns about AOT.
 - Feel free to attend the committee meeting if you have questions.

BOS-Representative - None

Correspondence and Announcements

- ❖ Janet O'Meara reported on the receipt of the following:
- Nothing to report.

Director's Report

- ❖ Maureen Bauman reported on the following:
- Mobile Crisis Triage Team hired two permanent staff and advocates and will begin working with the Sheriff in mid-July, responding to calls coming into dispatch. The team will go out into the field with law enforcement and provide a bigger clinical intervention.
 - Two teams will work from 3:00 -11:00 p.m. and one daytime team.
 - John Eby, a licensed professional, will provide clinical training to existing and new crisis staff.
 - Updated the MHADB on the Reason to Live Project, a young adult (Corey Stillian) who wants to use art to help people to identify the reasons to live. She will give the Campaign for Community Wellness (CCW) an update and hopes to have the art work in place in the summer of 2015.
 - As the CalMHSA Board President, Maureen Bauman shared an editorial published in the Sacramento Bee (on back table) in response to the Santa Barbara tragedy. Work needs to continue to change the conversation related to the crises.
 - Sun City double suicide follow-up. Adult Protective Services contacted Sun City management to see if they were interested in follow-up services; no response received yet. Melinda Lacey, a Mental Health First Aid trainer, has arranged to provide Sun City with training in July.
 - Ms. Bauman provided the Board with the information shared with Frank Lozano, per his request for additional data – see Director's report for specifics.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
- MHADB Roster – reviewed the required categories (by statute).
 - The required is the minimum; law states at least 50% of the Board will be family members, of that 50%, 20% will be consumers (State identifies three must be consumers).
 - Addressed the categories – it is possible for Board members to change their category designation.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
- Nothing to report.
- ❖ Lincoln Community Resource Collaborative Update
- Reported that a small group got together to disseminate resources about suicide and crisis prevention.
 - Theresa Thickens and Chris Wyatt, Board of Education President for Western Placer Unified School District, talked with the CCW on June 17th to help the community learn about what's been done and its success.

New Business

❖ Vote on Slate of Officers [Action Item]

- ☐ Chair: Janet O'Meara
- ☐ Vice Chair: Theresa Thickers
- ☐ Secretary/Treasurer: Sharon Behrens
 - No nominations received from the floor.

Dan Wesp made a motion to approve the above-identified slate of officers, Cheryl Cleveland seconded. Motion carried.

❖ Vote on Appointment of New Public Interest Board Member – Sharon Stanners [Action Item]

- Janet O'Meara provided a brief background on Ms. Stanners. The Executive Committee recommends the appointment of Sharon Stanners to the MHADB.

Theresa Thickers approved the appointment of Sharon Stanners, Public Interest Member, to the MHADB, Sharon Behrens seconded. Motion carried.

❖ Directing Change Letter of Congratulations

- Theresa Thickers noted she needs to confirm the recipients.
 - Maureen Bauman offered to assist Theresa Thickers in the process and follow up with staff.

❖ Contracts [Action Item]

- The below contracts were reviewed and approved by the Executive Committee.
 - ☐ Substance Use Treatment and Related Services
 - ☐ California Psychiatric Transitions for FY 14-16
 - ☐ Amendment to the Multi-Year Non-Drug Medi-Cal Substance Abuse Treatment Services FY 10-14
 - ☐ Telephone Crisis Triage Services FY 14-16

Cheryl Cleveland moved the contracts be approved, Theresa Thickers seconded. Motion carried.

Board Member Comments

- ❖ Cheryl Cleveland was asking about resources/groups for a rape victim from her church. The person doesn't want individual therapy but wants to attend a group.
 - Katrina Copple identified Bayside Church in Rocklin, which has two different groups open to the public.
 - Maureen Bauman noted the Managed Care Unit is also good at keeping track of resources in the community.
 - Another resource is Stand Up Placer.

Public Input

- ❖ Katrina Copple, related to Mental Health First Aid training and outreach to seniors in the community, mentioned she receives phone calls from Eskaton Village; they may be interested in information on mental health and where to go, etc.

Adjournment

- The meeting was adjourned at 7:57 p.m.
- Monday, July 7, 2014 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- **Friday**, July 18, 2014 is the next Board meeting taking place at **3:00 p.m.** at the Auburn Civic Center, Rose Room, 1225 Lincoln Way, Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board